EYFS

Unit: Growing and Changing Lesson: Life Stages- Plants, Animals Humans
Frog life cycle animation - YouTube
http://www.youtube.com/watch?v=w77zPAtVTuI
https://www.youtube.com/watch?v=G3VMl-EY2DM

Unit: Growing and Changing Lesson: Getting Bigger
Titch - You'll Soon Grow Into Them, Titch (1997) - YouTube

Year 1 & 2 - no videos in this unit

Year 3

Unit: Growing and Changing Lesson:Body Space
Talk PANTS & Join Pantosaurus - The Underwear Rule | NSPCC

Unit: Growing and Changing Lesson: None of your Business!
Lee and Kim KS1 Curriculum eSafety material - YouTub

Unit: Growing and Changing Lesson: My Changing Body
All About Periods (for Teens) - Nemours KidsHealth

Year 4

Unit: Growing and Changing Lesson: Preparing for puberty
All About Periods (for Teens) - Nemours KidsHealth
https://amaze.org/video/puberty-wet-dreams/

Unit: Growing and Changing Lesson: All Change!

Resources selected are different to those in the SCARF program as we feel they are a better fit for our children. Teachers can choose from the below videos to support this lesson.

Puberty in girls
https://www.youtube.com/watch?v=oQZ4HLosRNw

https://www.youtube.com/watch?v=gv21b3ZpSLg

Boys puberty
https://www.youtube.com/watch?v=2XF0awGRTWs

Year 5

Unit: Growing and Changing Lesson: Taking notice of our feelings
Revisit Talk PANTS & Join Pantosaurus - The Underwear Rule | NSPCC

Unit: Growing and Changing Lesson: Growing up and changing bodies
Revisit relevant parts of

Puberty in girls https://www.youtube.com/watch?v=oQZ4HLosRNw
Puberty in Boys https://www.youtube.com/watch?v=gv21b3ZpSLg

Year 6

Unit: Growing and Changing Lesson:Pressure online
NSPCC Share Aware Lucy & The Boy - YouTube

Unit: Growing and Changing Lesson:I look great!
Bodies: Different Shapes and Sizes. All Beautiful! - YouTube

Unit: Growing and Changing Lesson:Is this normal?
Optional https://amaze.org/video/puberty-finding-out-who-you-are/

Unit: Growing and Changing Lesson: Making Babies - Non statutory

Video available to view in school as an external link cannot be provided.
Year 6 parents will be invited to an online meeting where it can be shared prior to the unit being taught, or they can make an appointment to come into school to view it.