Newsletter April 2022

4th in Belgrade

"I'd say I'm gutted and it hurts, but it was a pb overall and I couldn't have finished on a better note." Holly came 4th in the Pentathlon at the World Athletics Indoor Championships in Belgrade, Serbia earlier this month.

Holly concluded her campaign with a bold front-run in the 800m front-running most of the way to a personal best 2:09.97, good enough for third spot and 965 points, but saw her miss out on bronze by just seven points, recording an indoor PB of 4673 points.

After the conclusion of the event, Holly said: "I really did give it absolutely everything and to be honest I ran exactly how the plan was. I went through 400m in 62secs, I stretched out to 500m and that last 200m was messy with the other girls coming up, a few heal clippings so I can't look back and think 'what if'. I went at it with everything I had and today it wasn't enough, by half-a-second, so obviously that's gutting but I did exactly what I set out to do."

Sources: athletics.weekly / UKA online



The club membership year starts on 1st April, so renewal membership fees are due now. If you don't have membership, you can't compete, you're not insured, and you can't train using club facilities. Renewal forms will be available from the website and the clubhouse.

There is a common misconception, that being a member of an athletics club means you have to compete and be competitive. Not at Andover; from beginner to elite, Under 11 to Veteran. Care to join us?

Recent Results



20th March: Eastleigh 10k
John Kane – 555th 44:09
Tom Evison – 1251st 54:27 (PB)
20th March: Fleet Half Marathon
Chris Dewey – 78th 1:22:53
26th March: Bournemouth Athletic Open
Ellie MacDonald: Hammer 47.93m
Mack Evison: Pole Vault 2.20m
: High Jump 1.60m
: Javelin 26.76m (PB)
: Shot put 10.74m (PB)
: 110mH 21.8 (PB)
Tom Evison: Discus 24.7 (PB)
: 200m 31.6
: 800m 3:03.3 (PB)

Future Events

A list of future Track & Field, Road Race and Open Events will be posted on noticeboards inside the clubhouse.
You are encouraged to wear club vest wherever you compete and let us know your results, ideally with a photo.

Here are some dates and links to a few Open Meetings that club athletes may be interested in:

Sat 16th April - **Southampton Open** Southampton Athletic Club
Sat 16th & Mon 18th April - **The Bill Whistlecroft Spring Open** – Yeovil Olympiads
Mon 18th April – **Hundred Acres Half Marathon** – Forest of Bere, Wickham
Sun 24th April – **Wessex League** – Oxford
Sun 24th April – **Corsham 10k** – Corsham FC
Sun 24th April – **Southampton Marathon, Half & 10k** – Southampton Guildhall
Weds 27th April – **Lakeside 5k** (1 of 5) – Cosham
Sun 30th April – **HBT5** - Hurstbourne Tarrant

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